

Daily Reading Routines

Everyday reading is key to student's success. Experts recommend 20 minutes of reading per day. Reading stimulates and exercises many parts of the brain. Reading increases listening skills, builds literacy skills (letter/sound relationship, etc) and vocabulary, improves academic performance, and deepens your bond with your child. Reading also improves memory, focus, and concentration. How can you ensure you are getting the most out of your nightly reading time? Try the tips below to make your nightly reading more effective.

- Read the title and ask your child to predict what the story may be about.
- Take a story walk. Flip through the pictures and talk about what you notice and what may be happening in that part of the story.
- Model fluent (smooth) reading. Have fun with the story! Change your pitch and intonation to build excitement and enjoyment.
- Talk about the story. Ask your child questions, have them tell you their favorite part, and allow them to share their thinking.
- Write about reading. Have your child write or draw about the story. They can illustrate their favorite part, write a summary, or give a response to the story (how it made them feel, what it made them think about, etc).
- Read your favorite stories again and again and allow your child to read along with you.
- Point to the words if it is a short text.