

Preschool Packet
of
Developmentally Appropriate
Activities
for 4 and 5 year old Students

FINE/GROSS MOTOR

Have your child:

- **Throw and catch a ball; count how many times you catch it in a row**
- **Go to the playground and list how many things there are to do and dictate which are your most favorite and why**

- **Help draw a hopscotch grid and play hopscotch; find it on Youtube it to find variations in this game and related chalk games**

<https://www.youtube.com/watch?v=DfsH28gXIFU>

- **Jump rope**

songs and basic how to instructions

<https://www.youtube.com/watch?v=tgUDYOlgx1M>

<https://www.youtube.com/watch?v=vVctfW2OCyQ>

- **Walk on the cracks on the sidewalk and count them. Walk backwards and count backwards too.**
- **Walk up and down stairs**
- **Walk, run, skip, hop and gallop around the house or yard**
- **Toss a ball or bean bag at a target with right and left hands**

- Use a clothes pin to hang clothes on a line
- Drop cloths pins/rocks into a wide-mouth bottle
- Practice writing faces, first letter of name, name, or words for common objects or animals
- Cut out newspaper/magazine pictures and make a collage; dictate a story to go with it

MATH

Have your child:

- Find things around the house that are 2D shapes circles, squares, triangles, rectangles and 3D shapes cylinders, spheres, cones, pyramids, cube
- Count all the beds in the house
- Count the cans in the cupboard and then find out how many if you take a few away

- **Circle numbers in a newspaper or magazine**
- **Draw shapes and numbers in a sandbox; build high and low/short towers out of sand**
- **Use a paint brush and water to “paint” numerals and shapes on sidewalk or side of house**
- **Circle the date on the calendar each day; talk about the day, month, count up to the date**
- **Count red (then blue, green) cars on street; which had more or less**
- **Cut sandwich in half (2 pieces, 4 pieces, 8 pieces)**
- **[On-line Educational Games for Kids](#)**

LANGUAGE

Have your child:

- **Listen to a story that you read; answer questions about who the characters are, what they are doing, and where the story takes place**
- **Talk about the days of the week**
- **Talk about a picture in a magazine; dictate a story; draw a picture about it**
- **Label and write the name of objects around the house**
- **Make up a story with a character, a place, and an event**
- **Call a family relative on the phone**
- **Name all the fruits/vegetables he/she can think of**
- **Look through your photo album and talk about the pictures**
- **Talk about the sizes of objects in your house**

- **Sing a song check out YouTube Super Simple Songs or Jack Hartmann to find kid friendly songs to sing and dance along**
- **Tell the type of furniture that belongs in each room of the house**

LINKS for Parents

Excellent link for preschool activities through Scholastic
<https://classroommagazines.scholastic.com/support/learnathome.html>

Resources through Child Care Aware:

<https://info.childcareaware.org/coronavirus-updates>

[Educational Learning Games through ABCya](#)

Favorite Jack Hartmann video links:

[Move It and Freeze](#)

[Move It to the Sounds](#)

[See It, Say It, Sign It](#)

[Exercise, Rhyme, and Freeze](#)

[Count to 20 and Workout](#)

Favorite Learning Station video links:

[St. Patrick's Day Boom Chicka Boom](#)

[Shake Your Sillies Out](#)

[Spring Songs for Children](#)

Here is a great video that covers hand washing

<https://www.youtube.com/watch?v=hD5i3l99mac>

Great site with a lot of different options.

<https://sites.google.com/lcsd.k12.sc.us/virtual-learning-days/elementary>

Student Name:

Teacher:

PreSchool At- Home Learning Activities

The following learning plans are designed to help you carry on with your learning while school is not in session. You may work on the activities independently or with a friend. Feel free to complete in any order. You do not have to complete all activities each day, but rather choose from the menu of options. A minimum of 200 minutes is required for each day.

DAY 1

CONTENT AREA	ACTIVITY	APPROX TIME	PARENT INITIAL WHEN COMPLETED
Fine/Gross Motor			
Math			
Language			
Art			
Dramatic Play			
PE, Art, Music, or Spanish			
Other			

DAY 2

CONTENT AREA	ACTIVITY	APPROX TIME	PARENT INITIAL WHEN COMPLETED
Fine/Gross Motor			
Math			
Language			
Art			
Dramatic Play			
PE, Art, Music, or Spanish			
Other			

DAY 3

CONTENT AREA	ACTIVITY	APPROX TIME	PARENT INITIAL WHEN COMPLETED
Fine/Gross Motor			
Math			
Language			
Art			
Dramatic Play			
PE, Art, Music, or Spanish			
Other			

DAY 4

CONTENT AREA	ACTIVITY	APPROX TIME	PARENT INITIAL WHEN COMPLETED
Fine/Gross Motor			
Math			
Language			
Art			
Dramatic Play			
PE, Art, Music, or Spanish			
Other			

DAY 5

CONTENT AREA	ACTIVITY	APPROX TIME	PARENT INITIAL WHEN COMPLETED
Fine/Gross Motor			
Math			
Language			
Art			
Dramatic Play			
PE, Art, Music, or Spanish			
Other			

DAY 6

CONTENT AREA	ACTIVITY	APPROX TIME	PARENT INITIAL WHEN COMPLETED
Fine/Gross Motor			
Math			
Language			
Art			
Dramatic Play			
PE, Art, Music, or Spanish			
OTHER			

DAY 7

CONTENT AREA	ACTIVITY	APPROX TIME	PARENT INITIAL WHEN COMPLETED
Fine/Gross Motor			
Math			
Language			
Art			
Dramatic Play			
PE, Art, Music, or Spanish			
OTHER			

DAY 8

CONTENT AREA	ACTIVITY	APPROX TIME	PARENT INITIAL WHEN COMPLETED
Fine/Gross Motor			
Math			
Language			
Art			
Dramatic Play			
PE, Art, Music, or Spanish			
OTHER			

DAY 9

CONTENT AREA	ACTIVITY	APPROX TIME	PARENT INITIAL WHEN COMPLETED
Fine/Gross Motor			
Math			
Language			
Art			
Dramatic Play			
PE, Art, Music, Or Spanish			
OTHER			

DAY 10

CONTENT AREA	ACTIVITY	APPROX TIME	PARENT INITIAL WHEN COMPLETED
Fine/Gross Motor			
Math			
Language			
Art			
Dramatic Play			
PE, Art, Music, or Spanish			
OTHER			